



PE Curriculum Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Gymnastics (Unit 1) Fundamentals (Unit 1)	Gymnastics (Unit 2) Fundamentals (Unit 2)	Ball skills (Unit 1) Land based water safety (Unit 1)	Ball skills (Unit 2) Land based water safety (Unit 2)	Games (Unit 1) Dance (Unit 1)	Games (Unit 2) Dance (Unit 2)
Year 1	Gymnastics Fundamentals	Ball skills Net and wall games	Land based water safety Sending and receiving	Fitness Invasion games	Athletics Team Building	Striking and Fielding games Dance
Year 2	Gymnastics Fundamentals	Ball skills Net and wall games	Land based water safety Sending and receiving	Fitness Invasion games	Athletics Team Building	Striking and Fielding games Dance
Year 3	Gymnastics Fundamentals	Ball skills Tennis	Land based water safety Netball	Fitness Golf	Athletics Football	Cricket Dance
Year 4	Gymnastics Fundamentals	Ball skills Dodgeball	Land based water safety Netball	Fitness Rugby	Athletics Football	Rounders Dance
Year 5	Gymnastics Basketball	Tennis Hockey	Land based water safety Netball	Fitness Golf	Athletics Football	Cricket Dance
Year 6	Gymnastics Basketball	Dodgeball Hockey	Land based water safety Netball	Fitness Rugby	Athletics Football	Rounders Dance