

## Curriculum Intent – PSHE

At Northwood Park Primary, we benefit from having a range of visitors come into school to speak to the children, ranging from The NSPCC, Fire Service, Network Rail, PCSO to local charities. We use Anti-Bullying ambassadors on the playground, modelling positive behaviour, providing an inclusive environment by running lunchtime activities and supporting our Buddy Bench system (for children who need someone to play with). We encourage spiritual well-being and mindfulness across the school with an emphasis on promoting positive mental health and a growth mindset culture. Throughout the year each individual class produces a whole class assembly linked to a PSHE theme which is delivered to their fellow pupils, parents and carers, **giving our children opportunities to discover hidden talents, skills and new passions**. Each week pupils debate a new theme as part of our Votes 4 schools. This offers the children the opportunity to participate in debates and discussions about topical themes resulting in a democratic vote. This is often lead by the school council representatives who meet weekly or fortnightly to discuss ways of improving life in school.

British values are embedded through our SHINE values and across our school curriculum. These form the basis of our weekly assemblies **helping to develop the attitudes and values which will support children to grow as happy and successful individuals**.

In the EYFS, PSHE is taught through the 'Personal Social and Emotional' strand that is broken down into the following: Managing Feelings and Behaviour, Making Relationships and Self-confidence and awareness.

In Key Stage One, children are introduced to our PSHE themes, which are taught on a spiral curriculum through to Year 6. The themes are: Relationships, Living in the Wider World and Health and Well-Being. PSHE plays a key role in nurturing our pupils to be aware of themselves, the world we live in and how they can make a **positive contribution**. We want every pupil to have a sense of **belonging**, build healthy relationships, and live by our school moto **'to treat others as we wish to be treated'**. **In doing this, we aim to prepare all children for life beyond primary school**. Children are encouraged to develop collaborative learning practices in PSHE and are often provided with opportunities to discuss and debate ideas as well as asking deeper questions to further their understanding. As we move into Key Stage Two, our curriculum repeats the themes from KS1 **building upon children's prior learning. As learning is enhanced from previous years, pupils are encouraged to become critical thinkers**.

RSE (Growing up and Relationships) is taught across KS1 and KS2. The school nurse delivers specific sessions in Years 4, 5 and 6 with class teachers delivering the remainder of the programme. This forms an important part of our safeguarding as children are equipped with the skills and confidence to deal with issues they may face.

Our PSHE curriculum is structured to help our pupils to be **aspirational, confident and grow as happy and successful individuals**. The impact of PSHE at Northwood Park Primary School can be measured in our children's confidence, self-awareness and the knowledge and skills we equip them with to make decisions that positively affect their own lives and the community both locally and globally.