

# DINE

WITH MIQUILL

WEEK ONE

**DINE**  
Main Meal

**DINE**  
Vegetarian Meal

**DINE**  
Jackets or Pasta



Sweet choices

**MONDAY**



**Beef Burger in a Bun**  
with Potato Wedges and Green Salad or Peas

**Quorn Burger in a Bun**  
with Potato Wedges and Green Salad or Peas

**Lemon Drizzle Cake**

**TUESDAY**



**Meat Feast Pizza**  
with Potato Salad and Sweetcorn or Baked Beans

**Cheese & Tomato Pizza**  
with Potato Salad and Sweetcorn or Baked Beans

**Ice Cream**

**WEDNESDAY**



**Roast Chicken Stuffing & Gravy**  
with Roast Potatoes and Carrots or Broccoli

**Cheddar Quiche**  
with Roast Potatoes and Carrots or Broccoli

**Summer Fruit & Yoghurt Crunch**

**THURSDAY**



**BBQ Chicken Wrap**  
with Wholegrain Rice and Rainbow Slaw or Cauliflower

**Mexican Bean Chilli**  
with Wholegrain Rice and Rainbow Slaw or Cauliflower

**Rice Krispie Bar**

**FRIDAY**



**Fish Fingers**  
with Chips and Garden Peas or Baked Beans

**Vegetarian Fishless Fingers**  
with Chips and Garden Peas or Baked Beans

**Chocolate Chip Cookie**

**Fresh Pasta and Tomato Sauce available every day**  
Filled Jackets and freshly made sandwiches are also available

Fresh Bread, Yoghurt, Jelly, Fruit and Tray bakes are available daily

WEEK COMMENCING:  
08/04, 29/04, 20/05, 10/06, 01/07,  
22/07, 12/08, 02/09, 23/09, 14/10

MIQUILL

# DINE

WITH MIQUILL

WEEK TWO

DINE

Main Meal

DINE

Vegetarian Meal

DINE

Jackets or Pasta



Sweet choices

## MONDAY

**Comfort**  
FOOD 

**Cottage Pie**  
with New  
Potatoes and Peas  
or Red Cabbage

**Rainbow Veggie  
Picnic Pie**  
with New  
Potatoes and Peas  
or Red Cabbage

Ice Cream

## TUESDAY

 **Italian**

**Tuna Pasta Bake**  
with Garlic Bread  
and Sweetcorn  
or Italian Side  
Salad

**Vegetable  
Shepherd's Pie**  
with Garlic Bread  
and Sweetcorn  
or Italian Side  
Salad

Fresh Fruit Salad

## WEDNESDAY

**Roasts** 

**Honey Roasted  
Gammon**  
with Roast  
Potatoes and  
Cabbage or  
Broccoli

**Vegetarian  
Sausage**  
with Roast  
Potatoes and  
Cabbage or  
Broccoli

Chocolate  
Brownie

## THURSDAY

 **AROUND THE  
World**

**Chicken Tikka  
Masala**  
with Wholegrain  
Rice and  
Cauliflower or  
Roasted Carrots

**Creamy  
Vegetable Korma**  
with Wholegrain  
Rice and  
Cauliflower or  
Roasted Carrots

Apple Sponge  
& Custard

## FRIDAY

**Fish  
& Chips** 

**Battered Fish**  
with Chips and  
Mushy Peas or  
Baked Beans

**Vegetable  
Nuggets**  
with Chips and  
Mushy Peas or  
Baked Beans

Flapjack

Fresh Bread, Yoghurt, Jelly, Fruit and Tray bakes are available daily

WEEK COMMENCING:  
15/04, 06/05, 27/05, 17/06, 08/07,  
29/07, 19/08, 09/09, 30/09, 21/08

MIQUILL 

# DINE

WITH MIQUILL

WEEK THREE

DINE

Main Meal

DINE

Vegetarian Meal

DINE

Jackets or Pasta

Dessert  
STOP

Sweet choices

MONDAY

*Comfort*  
FOOD 

**Sausages & Onion Gravy**  
with Mash and Peas or Baked Beans

**Veggie Sausages & Onion Gravy**  
with Mash and Peas or Baked Beans

**Chocolate Courgette Cake**

TUESDAY

*Italian* 

**Beef Bolognese with Spaghetti**  
with Garlic Bread, Sweetcorn and Peppers or Carrots

**Wholemeal Pasta Vegetable Bake**  
with Garlic Bread, Sweetcorn and Peppers or Carrots

**Ice Cream**

WEDNESDAY

*Roasts* 

**Roast Chicken Stuffing & Gravy**  
with Roast Potatoes and Cabbage or Courgettes

**Quorn Roast**  
with Roast Potatoes and Cabbage or Courgettes

**Shortbread**

THURSDAY

*AROUND THE World* 

**Honey Chicken Stir Fry**  
with Rice and Leeks or Broccoli

**Sweet and Sour Vegetables**  
with Rice and Leeks or Broccoli

**Carrot Cake**

FRIDAY

*Fish & Chips* 

**Breaded Fishcake**  
with Chips and Garden Peas or Baked Beans

**Fishless Fingers**  
with Chips and Garden Peas or Baked Beans

**Vanilla Iced Sponge**

**Fresh Pasta and Tomato Sauce available every day**  
Filled Jackets and freshly made sandwiches are also available

Fresh Bread, Yoghurt, Jelly, Fruit and Tray bakes are available daily

WEEK COMMENCING:  
22/04, 13/05, 03/06, 24/06, 15/07,  
05/08, 26/08, 16/09, 07/10

MIQUILL 